

## Scientific Curriculum Vitae

**Heidrun Nandana Nielsen**  
Prof./UCN, Dr./UCN, Dipl. Psych., Dipl. Soz.  
**Winterfeldtstr. 97**  
**10777 Berlin**  
**Germany**

## Personal Information

Date of birth: 23.02.1947  
Place of birth: Flensburg, Germany  
Name at birth: Heidrun Nielsen  
Pseudonym: Nandana Nielsen  
Marital Status: Married to Karl Nielsen, born as Staudt since 04.07.1980

## Professional experience

**Since 06/2009** Appointment as Profesor Titular (Full Professor) at the Universidad Azteca in Mexico, Division de Programas Internacionales

**Since 07/2008** Appointment as Profesor Titular (Full Professor) at the Universidad Central de Nicaragua, Division de Programas Internacionales

**1983 - 2005** Lecturer at "Deutscher Verein für öffentliche und private Fürsorge" (The German Association for Public und Private Welfare) for advanced trainings and lecturer for several other institution of youth welfare service in Germany

**1999** Expert witness at Family Court in Waren and Eisenach.

**Since 1997** CEO of the "NLP & Coaching Institut Berlin"

**since 07/1996** Admission and opening of a psychotherapeutic practice in Berlin

**02/1991 - 08/1993**  
Building up a pre-operating study, a house for pregnant women und young families, for diminution of SIDS (Sudden Infant Death Syndrome) in Berlin Charlottenburg, public health department.

**1993** Lecturer at „Akademie für Gesundheits- und Sozialberufe“

**1992** Translator of the book: "Family Therapy. First steps towards a Systemic Approach." John B. Burnham, Published: 1995 BELTZ Verlag

## University Degrees

**02/2011** Doctorado en Filosofia en Psicologia (Ph.D.), Universidad Central de Nicaragua

**10/1988** "Diplom-Psychologe", Freie Universität Berlin (comparable with a Master degree in Psychology), Thesis: "Familienhelfer als Familienanwalt."

**07/1979** "Diplom-Soziologe", Freie Universität Berlin (comparable with a Master degree in Sociology), Thesis: "Zum Studium der Soziologie am Institut für Soziologie an der Freie Universität Berlin"

**Both diplomas were finished with the best possible final grade ("Gesamtnote 1").**

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## Scientific research and scientific research publications

**Since 2003** Development of curricula for international academic distant learning studies in Psychology with a focus in Communication (NLP) and Coaching on Bachelor, Master, and Ph.D. level for 3 accredited Universities

### 05/1994 – 12/1994

Research in the "Institute of health studies and social concepts" on the subject: "MDS (Minimum Data Set) – suppositions of Implementation in the German Federal Republic." The results are published in

- Steinhagen-Thiessen, E. (Hg.): „Das Geriatrische Assessment. Materialien und Berichte der Robert-Bosch-Stiftung 48“. Stuttgart: Schattauer Verlag 1995

### 09/1987 – 12/1989

Realization of the survey about "Ending of foster care", Senate for female, adolescence and family, Berlin. The results are published in

- "Hamburger Pflegekongress", VOTUM Verlag 1990
- intern paper, Senate for female, adolescence and family, Berlin

### 10/1983 – 12/1985

Scientific research assistant in cooperation with Prof. Dr. C. Wolfgang Müller of the Technische Universität Berlin. Research on the subject: "Long-term results of counselling in families", published as book 1986

### 10/1980 – 09/1982

Scientific research assistant under the direction of Prof. Dr. med. Manfred Zaumseil, Freie Universität Berlin, research on the subject: "Counsellors as advocates of her clients", published as book 1984

### 1980 - 1990

We published on the results of our researches, besides about 15 professional articles, 2 books:

- "Familienhelfer als Familienanwalt" (1984, Deutschen Verein)
- "Sozialpädagogische Familienhilfe - Probleme. Prozesse und Langzeitwirkungen" (1986, Beltz Verlag)

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## University teaching positions

**Since 06/2009** Profesor Titular at the „Universidad Azteca“ in Mexico, Division de Programas Internacionales

**Since 07/2008** Profesor Titular at the „Universidad Central de Nicaragua“, Division de Programas Internacionales

### SS 1991 – SS 2001

University teacher at the Evangelische Fachhochschule Berlin, on the subjects: perception and communication; Interpersonal Behaviour, the Psychology of Social Interaction - social psychology; Clinical psychology.

### SS 1995 – WS 1998

University teacher at the Technische Universität Berlin, on the subject: Counselling and social support.

### SS 1980 – WS 1981/1982

Three teaching assignments at the Freie Universität Berlin on the subject of counselling (Soziologen als Sozialtherapeuten) from “Soziologen als Sozialtherapeuten“ (Sociologists as Social Therapists)

## Achievements in NLP and Coaching

**since 2004** Organiser of the NLP & Coaching World Congresses of IN & ICI

**since 2001** Founder member and President of the International Association of Coaching-Institutes (ICI)

**since 2001** Admission as “NLP Master Trainer, IN” and “Coach Master Trainer, ICI”

**2001** Founding member of the International Association of NLP-Institutes (IN) and the International Association of Coaching-Institutes (ICI)

**2001** Graduation “Trainer of the Art of Neuro-Lingustic Programming (NLP)”

**1995** Graduation „Master of the Art of Neuro-Lingustic Programming (NLP)”

**since 1987** Coaching, mediation, supervision, Trainer for NLP trainings, Coach trainings, communication training

**1987** Graduation “Practitioner of the Art of Neuro-Lingustic Programming (NLP)”

**11/1986** Founding Member and member of the board of directors of the first NLP-Institute in Berlin

### Publications of books on NLP and Coaching

„**Die effizientesten Coachingtechniken**“, Nandana und Karl Nielsen, in „Führen mit Coaching“:  
Prof. Dr. Albert Nonnenmacher, Euroforum Verlag, 2009.

“**Word Congress Book**” The book of the 1st NLP World Congress: “A global integral vision of NLP  
for the development of human potential”, 250 pages, published in May 2006

#### Author with Karl Nielsen of text books on NLP and Coaching

- NLP Text Book Volume 1: “Selbstmanagement”, 1<sup>st</sup> edition: December 2003, 2<sup>nd</sup> edition: September 2005, 3<sup>rd</sup> edition: June 2008
- NLP Text Book Volume 2: “Körpersprache”, 1<sup>st</sup> edition: December 2003, 2<sup>nd</sup> edition: September 2005, 3<sup>rd</sup> edition: June 2008
- NLP Text Book Volume 3: “Ziele & Motivation”, May 2008

### Professional articles in the field of NLP and Coaching

- “**Zwischenruf: Super Nanny – Populäre oder professionelle Erziehungssendung?**”, published in the magazine for study and practise of social pedagogy „Unsere Jugend“, 59. Jhg., Heft 7+8, Ernst-Reinhard Verlag, 2007
- „**Coaching with Graves**”, the Graves-Model with explicit descriptions of its application in Coaching. Published 2006: [www.nlp-nielsen.de/Graves-Coaching-20071219-englisch.pdf](http://www.nlp-nielsen.de/Graves-Coaching-20071219-englisch.pdf)
- „**Ein Blick auf die Welt mit den Augen von Clare Graves** “. Published 2006: Kommunikation und Seminar, junfermann verlag.
- „**Unzertrennlich, NLP und Coaching**” A report on four years of integrating Coaching into the classical NLP-educations. Detailed consideration of actual applications. Published 2004. [www.nlp-nielsen.de/cochartikel07d.htm](http://www.nlp-nielsen.de/cochartikel07d.htm)
- „**NLP für Betriebsräte und Führungskräfte**”. How manager can learn leadership skills from the most successful managers by means of professional NLP-Training and Coaching, and how union-members can learn to demand effective management with professional communication competence by means of professional NLP training and Coaching. Published 2003: [www.nlp-nielsen.de/cochartikel06.htm](http://www.nlp-nielsen.de/cochartikel06.htm)